



Caring for the carer

At Kapiti Loss & Grief Centre we understand the demands of working in the helping profession. If you are working in a job where you are caring for others, either in an employed capacity or a volunteer role, we would like to be able to create a space where you can feel cared for yourself. To start this off we are inviting you to an afternoon tea which will also be an opportunity to meet with other 'carers', and discuss ideas for the year ahead as to what supporting you in your role might look like.

We hope to make this a regular occurrence in 2024 where 'carers' can meet to connect with other 'carers' and be supported by the team at Kapiti Loss & Grief Centre.

Facilitated by: Sancia Duncan, Counsellor & Centre Manager
When: Friday 2nd February 2024, 1:00 - 3:00pm
Where: Kapiti Loss & Grief Centre, 1 Kapiti Rd, Paraparaumu.
Register: Please register your attendance by texting 027 355 7946 or email lossandgriefoffice@gmail.com
Cost: Donation

